

## Sharing of Information

In order to make a full and complete assessment we may share information concerning your child with other professionals. This will be done with your consent.

## Contact Information

Paediatric Physiotherapy and Occupational Therapy Service  
Woodview Child Development Centre  
Crow Wood Health Park  
Crow Wood Lane  
Widnes  
Cheshire  
WA8 3LZ

Telephone: 0151 495 5400

Opening times: Monday- Friday 9am-5pm

For impartial and confidential advice or information on the services provided by Bridgewater or to receive this leaflet in an alternative format call our Patient Services team on 0800 587 0562.

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Community Healthcare**  
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## Halton Paediatric Physiotherapy Service

### Information for parents and carers



Quality first and foremost

## What is paediatric physiotherapy?

We are physiotherapists who are specialists in working with children and young people (aged 0-19 years) with movement difficulties.

We treat short and long-term conditions that impact on a child's physical development and their ability to take part in play, learning and socialising.

We work in clinics, children's centres, nurseries, schools, and children's homes – the most appropriate place for each child.

## What happens at the first appointment?

At the first appointment your child will be assessed in a clinic by a physiotherapist. This will help the physiotherapist to look at your child's needs and how they can be best met. The appointment will take approximately 45 minutes to complete.

It is best if your child attends in clothes that can be removed easily, such as shorts and vest. This will enable the physiotherapist to do a thorough assessment.

The physiotherapist will discuss with you and your child your concerns and goals. This will help us to work together on things that are important to you and your child.

It is often useful for you to think about this before your appointment. Goals will be set with you and your child at the end of your first appointment.

## What happens after the assessment?

Following the assessment the physiotherapist will talk to you about their findings and whether physiotherapy is appropriate. If your child requires treatment they may receive one or more of the following:

- Activities for you and your child to carry out at home and / or at their nursery or school
- Individual treatment sessions or group sessions with children with similar difficulties
- Assessment and specialist equipment.

We work as part of a wider team and it may be necessary to refer your child to other professionals with your consent.

## When will my child be discharged?

Your child will be discharged from physiotherapy if:

- Their movement skills are appropriate for their age or learning level
- The agreed goals have been met
- Your child is not benefitting or is non-compliant
- You or your child do not wish to continue.

Due to the high demand for appointments it is important for you to tell us if you are unable to attend so that we can offer the time to someone else. Your child may be discharged if you do not attend and you do not let us know.