

## Dermatology - Photodynamic Therapy (PDT)

Photodynamic Therapy (PDT) can be used for the treatment of some skin cancers or pre-cancerous lesions.

Cream is applied in the morning and then a bright red light is shone on the treated area three hours later to activate the cream which has been absorbed into the problem area. The light is very bright and so goggles are provided to the patient to protect the eyes.



The cream does sting when it is activated by the red light. If necessary, local anaesthetic can be used - however it is very rare for patients to ask for this.

The cream used for PDT treatment contains a natural ingredient which is found normally in the body although we use a pure manufactured form for treatment.