

The **St Helens Heart Failure Team** are a specialist nurse led service which offers education, advice, symptom management and titration of evidence based medication.

What can you expect from us?



- Patient and family education on the symptoms and management of heart failure
- Telephone advice and support
- Monitoring of symptoms with the aim to preventing hospital admission
- Titration of evidence based medication
- Encouragement to patients to follow the advice given and participate in decisions about their care
- Assessment for suitability for referral for cardiac rehabilitation classes
- Assessment of End of Life and referral to heart failure palliative care nurse as appropriate
- Education and advice to other health care professionals on the management of heart failure
- To keep you updated on the patients current treatment plan following each assessment



Where are services delivered from?



- Various clinics across St Helens
 - As home visits (if patient is housebound)
 - In Care homes
- Monday-Friday 9am-5pm

What can we expect from you?



- To refer heart failure patients that have a diagnosis confirmed on echocardiogram
- To provide essential information on the referral including echocardiogram results, past medical history, current and past medication, any allergies
- To work with us to agree the best plan of care

Who should you contact with concerns or feedback?



A referral form is available online and can be completed and faxed to **01744 457280**.

You can also access this form on our website
www.bridgewater.nhs.uk/sthelens/heartfailure

As soon as we receive your referral we aim to contact your patient within four working days

If you have any questions about our service please call us on **01744 457261**, we would be happy to help.